

SCALING **ADDICTION CARE** ACROSS ISRAEL'S HEALTH SYSTEM **FOLLOWING** **OCTOBER 7TH**

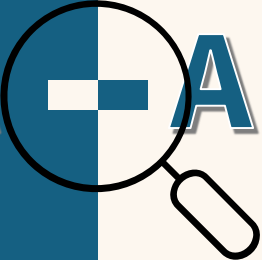
Nadav Shalit, MD

The Israel Center on Addiction & Mental Health

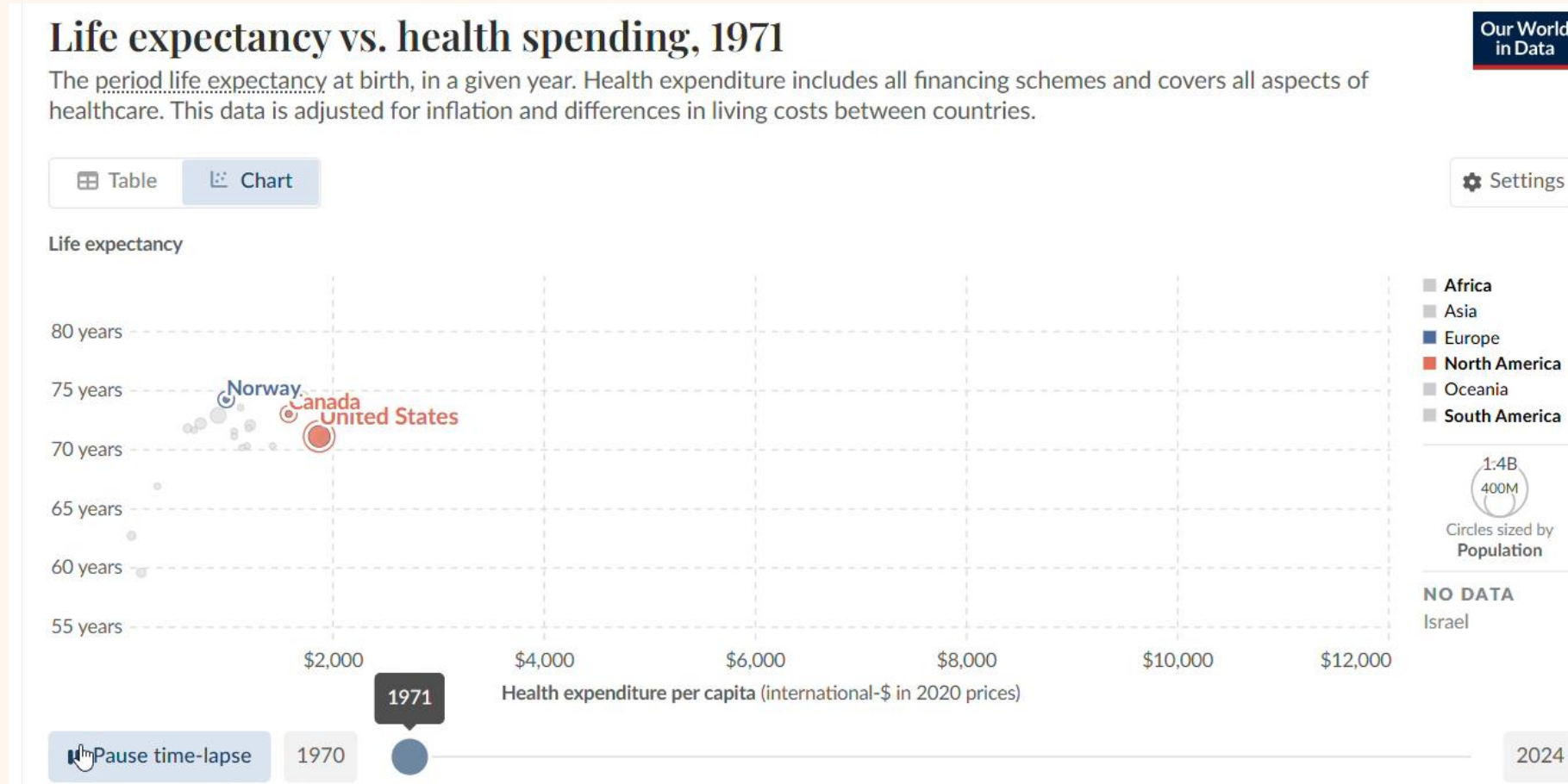


ILLUSTRATION: URI BEN ISHAY

TRAUMA — ADDICTION



A VERY EFFECTIVE HEALTHCARE SYSTEM



UNIVERSAL ACCESS– THE MENTAL-HEALTH REFORM



Mental health **IS** health
Universal, free, accessible
Part of a larger
deinstitutionalization effort

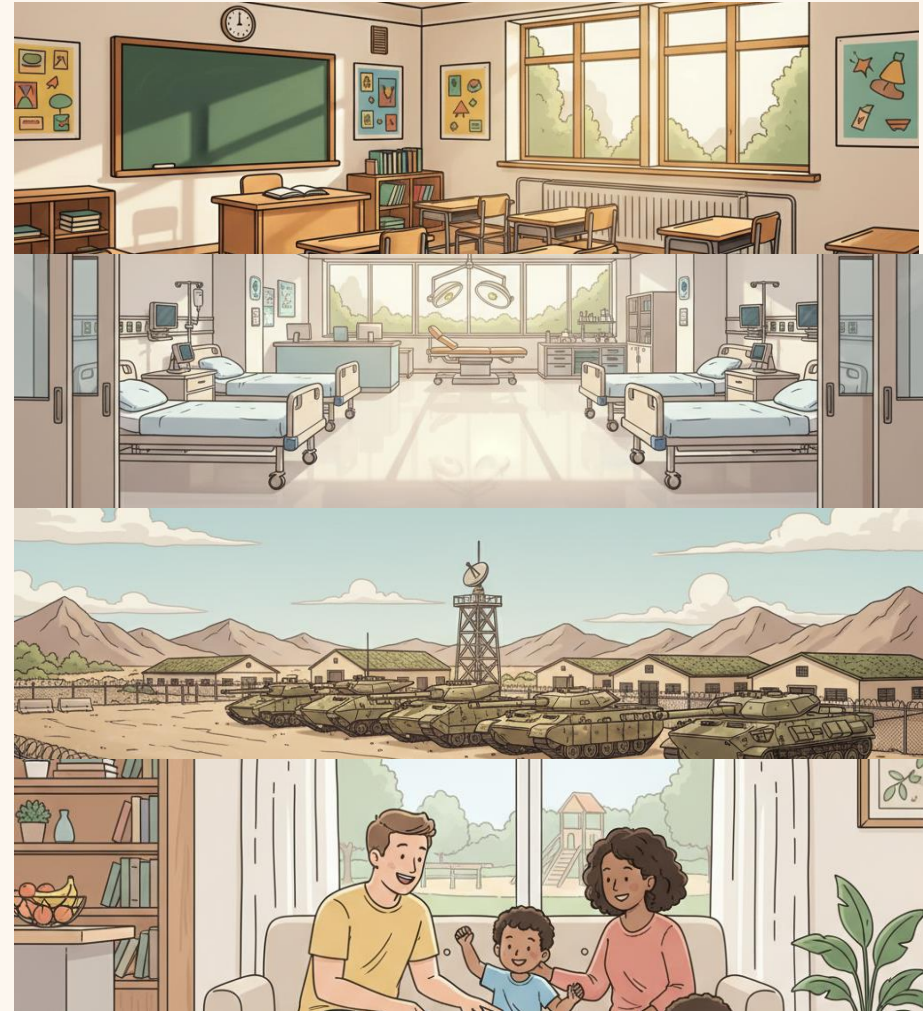


Budgets were **NOT** earmarked
Addiction services excluded



WHY IS ADDICTION **EXCLUDED**?

IT'S **EVERYWHERE**



WHY IS ADDICTION **EXCLUDED**?

AND IT'S **NOWHERE**

TOO **PSYCHIATRIC** FOR PRIMARY CARE

TOO **MEDICAL** FOR MENTAL HEALTH

TOO **CHRONIC** FOR EMERGENCY SERVICES

TOO **BEHAVIORAL** FOR MEDICINE

TOO **COMPLEX** FOR SOCIAL SERVICES

WHY IS ADDICTION **EXCLUDED**?



POMPEII ~50 A.D. : “I beg you to elect Marcus Cerrinius Vatia, all the drunkards ask for this”

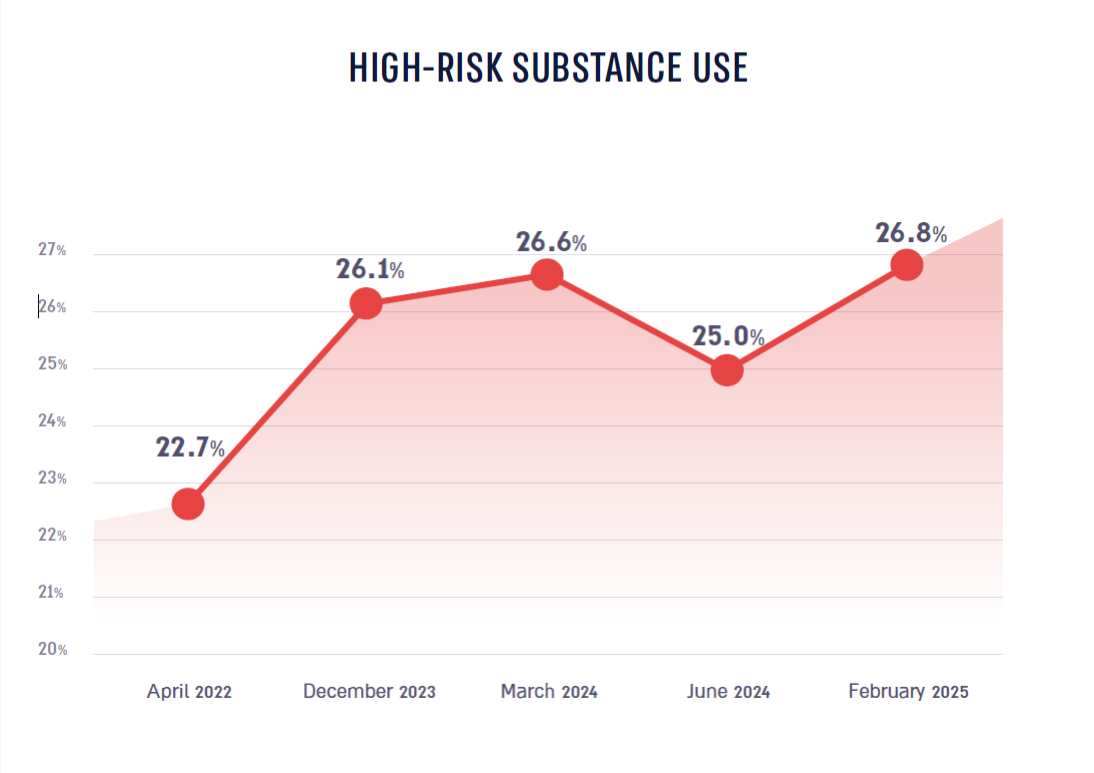
DEALING WITH **STIGMA**



WE ARE WORKING WITH **EVERYONE**



WAR AND TRAUMA EXPOSE THE CRACKS



SOURCE: ICA 2025 REPORT



SHARED TRAUMA AND **OVERCOMING STIGMA**



ILLUSTRATION: SIGAL RAK-VIENTE

INCENTIVES **WORK**



OVER 20 NEW ADDICTION CLINICS, NATIONWIDE

10 NEW OPIOID AGONIST CLINICS

5 NEW DUAL-DIAGNOSIS CLINICS

MAIN BARRIERS



OVERLOADED SYSTEM



STIGMA

SBIRT

Screening, **B**rief **I**ntervention and
Referral to **T**reatment



SBIRT: HIGHLY-RATED, BUT RARELY-IMPLEMENTED PREVENTIVE SERVICE

Rankings of Preventive Services for the US. Population^f

Rank	Clinical Preventive Services	CPB	CE	Total Score
1	Childhood immunization series	5	5	10
2	Tobacco use, brief prevention counseling, youth	5	5	10
3	Tobacco use screening and brief counseling ,adults	5	5	10
4	Alcohol misuse screening and brief intervention	3	5	8^b
5	Aspirin chemoprevention for those at higher risk of CVD	3	5	8
6	Cervical cancer screening	4	4	8
7	Colorectal cancer screening	4	4	8 ^b
8	Chlamydia and gonorrhea screening	3	4	7 ^b
9	Cholesterol screening	4	3	7
10	Hypertension screening	4	3	7
11	AAA screening	2	4	6 ^b
12	Health diet and physical activity counseling for those at higher risk of CVD	5	1	6

CBP (clinically preventable burden): disease, injury and premature death prevented if delivered to full target population

CE (cost effectiveness): a standard measure for comparing services' return on investment

Services with the same total score tied in the rankings:

10 = highest impact, most cost effective among these evidence-based preventive services

2 = lowest impact, least cost effective among these evidence-based preventive services

Maciosek, MV, et al., Updated Priorities Among Effective Clinical Preventive Services. *Annals of Family Medicine*. 2017; 15(1)

FIRST – **DO NO HARM** (TO THE FAMILY DOCTOR)

SCREENING



HOW DO **DOCTORS** TALK ABOUT **ALCOHOL**?

1. Unexplored patient disclosures
2. Advice given was vague and tentative
3. Provider discomfort was evident

HOW DO **PATIENTS** WANT TO TALK ABOUT **ALCOHOL**?

1. Patients view AUD as shameful, destructive, and chronic
2. Expectation from FP to play a primary role in AUD treatment
3. Non-judgemental approach – **key factor**

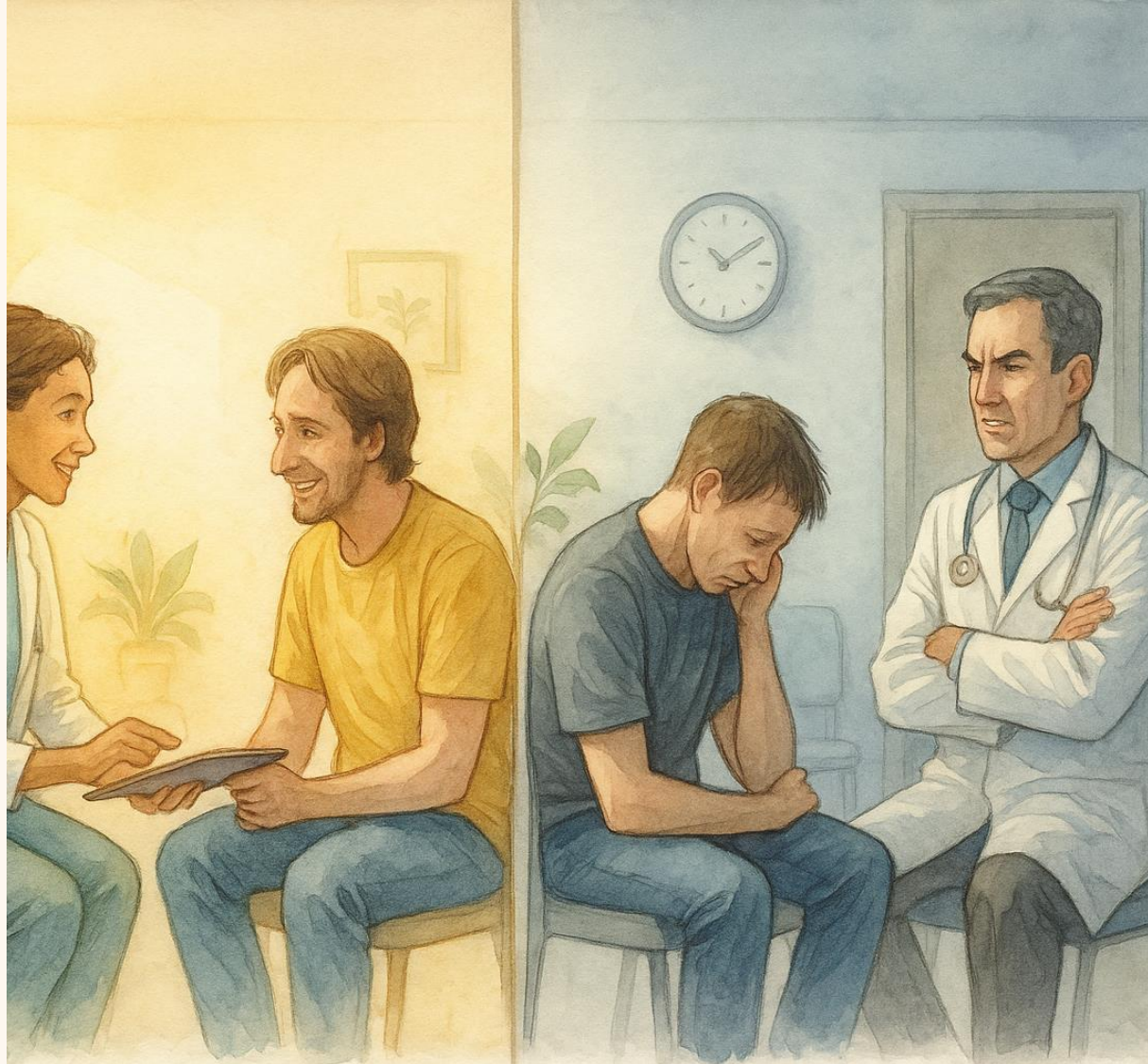
DOS...

Empathy &
Compassion

Collaboration

Open-Ended Q

Autonomy



& DON'TS

Judgment

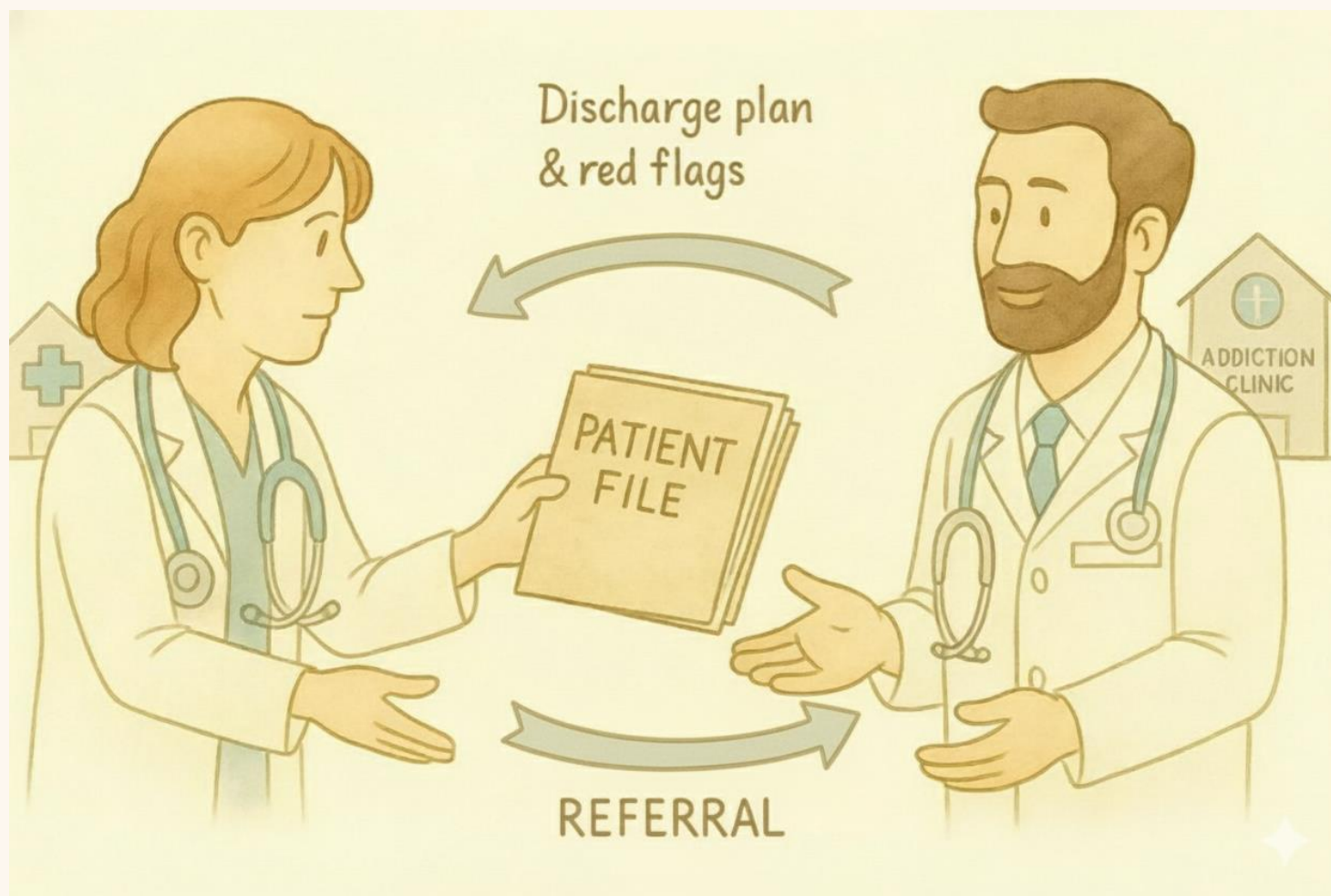
Directive
Approach

Righting Reflex

THEN – **KEEP IT SIMPLE: BRIEF INTERVENTION**



THEN – **KEEP IT SIMPLE: REFERRAL TO TREATMENT**



SO **NO-ONE** IS LEFT BEHIND



KEY LESSONS SO FAR



Deal with stigma – early, at all levels



SBIRT is an organizational change, not training



Provide ongoing support to PCPs



Respect PCP limited time & attention



THANK YOU



המרכז הישראלי
להתמכרויות
ISRAEL CENTER
ON ADDICTION